

ESD 105 -Potential COVID-19 PROCESS MAP

Close Contact
 Is defined as having had close contact with known positive COVID-19 or potential symptomatic person such a household member, coworker, or Classmate at less than 6 feet distance for 15 minutes or personal contact with body fluid, ie sneezed or coughed on. **A CLOSE CONTACT WILL:**
Notify HR & Doctor

SELF QUARANTINE
 for 14 days, from the day *close contact* occurred.

Casual Contact:
 Is being in the same building or area but not meeting the *close contact* criteria.
 CASUAL CONTACTS WILL:
 Continue to attend work & **Symptom Monitor.**

MONITOR FOR SYMPTOMS
 fever, cough, shortness of breath, chills, bodyache, headache, loss of smell/taste,

Person **Tested for COVI-19** because has symptoms or is a ***close contact*** & is now symptomatic. -(waiting for results)
Notify HR and your Doctor.

Test Result is Positive: Follow the YHD guidance and doctor advice. *Notify HR.* You may return to work when:

SYMPTOMS?
 Do you have symptoms?

SELF ISOLATE:
 Notify HR

NO SYMPTOMS
 Occur during the 14 days:
Symptom Monitoring can be discontinued, continue to work OR
Self Quarantine can be discontinued, can return to work. *Notify HR*

YOU MAY RETURN TO WORK WHEN:
 you have **NO FEVER** for at least 72 hours (3 full days), without the use of fever reducing medication, **AND** other symptoms like cough or shortness of breath have improved, **AND** 10 days have past since the first day symptoms first appeared which ever is longer. OR 2 consecutive Tests are negative with a doctors note. *Notify HR.*

DOH COVID-19
Frequently asked Questions:
<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FrequentlyAskedQuestions>

[how contact tracing works \(PDF\).](#)

YHD TESTING SITES
<https://www.yakimacounty.us/2401/Yakima-County-COVID-19-Testing-Sites>

CDC CARE GUIDANCE:
 IF you are sick or think you might have COVID-19, follow the steps to care for yourself and to help protect other people in your home and the community.
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/sick-with-2019-nCoV-fact-sheet.pdf>

10 things you can do to manage your COVID-19 symptoms at home
<https://www.cdc.gov/coronavirus/2019-ncov/downloads/10Things.pdf>

COVID-19: Quarantine vs. Isolation
https://www.cdc.gov/coronavirus/2019-ncov/downloads/if-you-are-sick/317422-A-Quarantine-and-Isolation_508.pdf